SESSION XX

PRACTICE: VITAL SIGNS EXAMINATIONS

<u>SESSION XX</u> **PRACTICE: VITAL SIGNS EXAMINATIONS**

Upon successfully completing this session the student will be able to:

- Conduct examinations of pulse, blood pressure and temperature.
- Describe the vital signs examination procedures.
- Document the results of the vital signs examinations.

In this session, you will have opportunities to practice taking measurements of pulse, blood pressure and temperature. You will work in a team with two or three students, taking turns measuring these vital signs on each other. When it is not your turn to serve either as the test administrator or the test subject, you should closely observe your teammate who is administering the examinations and offer any coaching that seems appropriate. You will record your measurements using the data collection sheet on the next page.

In preparation for this session, make sure you can do the following:

- Locate the radial, brachial and carotid artery pulse points.
- Position the blood pressure cuff properly on a subject's arm.

VITAL SIGNS EXAMINATIONS DATA SHEET

EXAMINER'S NAME _____

DATE _____/_____/_____

PULSE MEASUREMENTS	BLOOD PRESSURE MEASUREMENTS
SUBJECT'S NAME _____	SUBJECT'S NAME _____
TIME _____	TIME _____
PULSE POINT USED _____	SYSTOLIC _____
BEATS PER MINUTES _____	DIASTOLIC _____
SUBJECT'S NAME _____	SUBJECT'S NAME _____
TIME _____	TIME _____
PULSE POINT USED _____	SYSTOLIC _____
BEATS PER MINUTES _____	DIASTOLIC _____
SUBJECT'S NAME _____	SUBJECT'S NAME _____
TIME _____	TIME _____
PULSE POINT USED _____	SYSTOLIC _____
BEATS PER MINUTES _____	DIASTOLIC _____