REVIEW OF THE DRE SCHOOL

Test Your Knowledge

The Final Written Examination for this School will take place during Session XXX. This is an opportunity for you to test your knowledge prior to the exam, to verify that you are ready for it. The test that appears on the following pages is similar to the final exam in terms of its content and structure, although it does not (of course) contain the same questions. Take this sample test, and compare your answers with the answer key that appears on the pages following the test.

A SELF-TEST FOR REVIEW AND STUDY

Circle the letters corresponding to the correct answers. Note that some questions have **more than one** correct answer.

1. Suppose you examine a suspect that you know is under the combined influence of Demerol and Thorazine. Which of the following would you **not** expect to find in that suspect? (Circle all that you wouldn't expect to see.)

   A. Tachycardia is present
   B. Horizontal Gaze Nystagmus is present
   C. Hypotension is present
   D. Mydriasis is present
   E. Lack of Convergence is present

2. The Autonomic Nervous System has **sympathetic** nerves and _____ nerves.

   A. parasympathetic
   B. metasympathetic
   C. postsympathetic
   D. mesosympathetic
   E. pilosympathetic

3. Suppose you examine a suspect that you know is under the combined influence of Ketamine and Methamphetamine, and you observe that he or she exhibits Horizontal Gaze Nystagmus. This is an example of ....

   A. A Synergistic Effect
   B. An Antagonistic Effect
   C. The Null Effect
   D. An Overlapping Effect
   E. An Additive Effect

4. The technical term meaning "constricted pupils" is ....

   A. Mydriasis
   B. Occulosis
   C. Miosis
   D. Bruxism
   E. Ptosis

5. **Chloral Hydrate** is an example of ....

   A. a Non-Barbiturate
   B. an Anti-Psychotic Tranquilizer
   C. an Anti-Depressant
   D. a Barbiturate

E. an Anti-Anxiety Tranquilizer

6. **Numorphan** is an example of ....
   A. a Synthetic Opiate
   B. an Analog of Phencyclidine
   C. a Natural Alkaloid of Opium
   D. an Opium Derivative
   E. a non-Amphetamine-based Stimulant

7. Which of the following ordinarily <u>will</u> cause Horizontal Gaze Nystagmus? (Circle <u>all</u> that usually cause nystagmus.)

   A. Methamphetamine
   B. Valium
   C. The combination of Cocaine and Xanax
   D. The combination of Cannabis and LSD
   E. The combination of Heroin and Dilaudid

8. **Ritalin** is an example of ....

   A. a CNS Stimulant
   B. a Narcotic Analgesic
   C. an Hallucinogen
   D. a CNS Depressant
   E. an Analog of Phencyclidine

9. Suppose you examine a suspect that you <u>know</u> is under the combined influence of Heroin and PCP, and you observe that he or she exhibits **miosis**. This is most likely due to ....

   A. The "Downside" of Heroin
   B. An Overlapping Effect between the two drugs
   C. An Antagonistic Effect between the two drugs
   D. An Additive Effect between the two drugs
   E. The "Downside" of PCP

10. Which of the following usually <u>will be true</u> in a subject who is under the influence of an Hallucinogen? (Circle <u>all</u> that usually will be true.)

   A. Pupils will be constricted
   B. Body temperature will be elevated
   C. Eyes will be unable to converge
   D. Blood pressure will be elevated
   E. Horizontal Gaze Nystagmus will be present

11. Which of the following is not classified as an Hallucinogen? (Circle all that **are not** Hallucinogens.)

A. ETOH
B. DOM
C. MDMA
D. MPPP
E. THC

12. Which of the following ordinarily will leave body temperature within the normal range? (Circle all that usually don't affect body temperature.)

A. CNS Stimulants
B. Dissociative Anethetics
C. Cannabis
D. CNS Depressants
E. All of the above **usually do** affect body temperature

13. Suppose you examine a suspect that you know is under the combined influence of Percodan and Cannabis, and you find that the suspect's pulse rate is 74 bpm. This is most likely due to ....

A. An Additive Effect between the two drugs
B. The "Downside" of Cannabis
C. An Overlapping Effect between the two drugs
D. An Antagonistic Effect between the two drugs
E. The "Downside" of Percodan

14. How many distinct, validated clues have been established for the Romberg Balance test?

A. Eight
B. Six
C. Four
D. Three
E. There are **no validated** clues for that test.

15. A person under the combined influence of Ritalin and LSD usually will have above normal blood pressure. This is an example of ....

A. An Overlapping Effect
B. A Synergistic Effect
C. The Null Effect
D. An Additive Effect
E. An Antagonistic Effect

16. The gap between two nerve cells is called the ....

A. Vesicle
B. Neuron
C. Synapse
D. Dendrite
E. Axon

17. **"Ptosis"** most nearly means ....

A. Dilated pupils
B. Grinding the teeth
C. Constricted pupils
D. Droopy eyelids
E. Goose bumps

18. How many distinct, validated clues have been established for the Walk-and-Turn test?

A. Eight
B. Six
C. Four
D. Three
E. There are **no validated** clues for that test.

19. Which of the following are not subcategories of Inhalants? (Circle all that are not proper names for Inhalant Subcategories.)

A. Fluorocarbons
B. Anesthetic Gases
C. Aerosols
D. Volatile Solvents
E. Propellants

20. **Phencyclidine** is best described as ....

A. parasympathomimetic
B. an anti-depressant
C. a cellular stimulant
D. psychotophobic
E. a dissociative anesthetic

21. Which of the following usually **will not cause** the pupils to dilate? (Circle all that usually do not cause dilation.)

A. MDMA
B. Methaqualone
C. Desoxyn
D. Peyote
E. Ketamine

22. Which subcategory or subcategories of Inhalants usually cause blood pressure to **be below normal**? (Circle all that usually cause below normal blood pressure.)

A. Anesthetic Gases
B. Propellants
C. Volatile Solvents
D. Aerosols
E. Fluorocarbons

23. Which of the following are **Natural Alkaloids** of opium? (Circle all that are Natural Alkaloids.)

A. Lortab
B. Dilaudid
C. Codeine
D. Thebaine
E. Hycodan

24. **"Crank"** is a street name for ....

A. Heroin
B. Cocaine
C. PCP
D. Methamphetamine
E. LSD

25. Which of the following are **not validated clues** for the One Leg Stand test? (Circle all that aren't validated clues.)

A. Hopping
B. Raising the arms
C. Putting the foot down
D. Failing to count out loud
E. Swaying

26. Which of the following would be considered **sympathomimetic** drugs? (Circle all that are sympathomimetic.)

A. MDMA
B. Dexedrine
C. Xanax
D. Oxycontin
E. Desoxyn

27. Suppose you examine a suspect, and you observe **all** of the following: Horizontal Gaze Nystagmus is present, with an onset of approximately 30 degrees; BAC is 0.00; eyes are unable to converge; pupil size is 5.5 mm in near-total darkness and 3.5 mm in direct light; pupil reaction to light is within normal; pulse rate is 100 bpm; blood pressure is 148/96; body temperature is 99.8 degrees. In your opinion, this suspect is under the influence of ....

A. a combination of a CNS Depressant and a CNS Stimulant
B. a CNS Depressant alone
C. a Dissociative Anesthetic alone
D. a combination of a Dissociative Anesthetic and a CNS Stimulant
E. a combination of a CNS Depressant and Cannabis

28. The only artery that carries **de-oxygenated** blood is the _____ artery.

A. Carotid
B. Brachial
C. Pulmonary
D. Radial
E. Coronal

29. Suppose a subject is under the influence of **Hycodan** and nothing else. Indicate whether each of the following will be true or false:

A. T F Horizontal Gaze Nystagmus will not be present
B. T F Pupils will be constricted
C. T F Bradycardia will be present
D. T F Eyes will be able to converge
E. T F Hypotension will be present

30. **"Bruxism"** most nearly means ....

A. Dilated pupils

B. Grinding the teeth
C. Constricted pupils
D. Droopy eyelids
E. Goose bumps

31. Suppose a suspect is under the influence of a combination of Marijuana and Cocaine, but nothing else. Indicate whether each of the following will be true or false:

A. T F Pulse rate will be elevated
B. T F Pupils will be dilated
C. T F Horizontal Gaze Nystagmus will be present
D. T F Eyes will be able to converge
E. T F Blood pressure will be elevated

32. How many distinct, validated clues have been established for the Finger-to-Nose test?

A. Eight
B. Six
C. Four
D. Three
E. There are **no validated** clues for this test.

33. The drug _____ is an example of an Anti-Anxiety Tranquilizer. (Circle all that are Anti-Anxiety Tranquilizers.)

A. Librium
B. Valium
C. Amobarbital
D. Chloral Hydrate
E. Xanax

ANSWER KEY FOR THE SELF-TEST

1. Correct answers are A and D.
   Demerol is a Narcotic Analgesic, Thorazine is a CNS Depressant. The combination should **not produce** elevated heart rate (Tachycardia) nor dilated pupils (Mydriasis). But Horizontal Gaze Nystagmus and Lack of Convergence should be present, due to the Depressant, Thorazine. And, lowered blood pressure (Hypotension) should be present as an Additive Effect of both drugs.

2. Correct answer is A, **parasympathetic**.

3. Correct answer is D, **Overlapping**.
   Ketamine is an Analog of PCP, a drug that usually does cause Horizontal Gaze Nystagmus. Methamphetamine is a CNS Stimulant, a type of drug that doesn't affect nystagmus. This is a case of **action plus no action equals action**, i.e., an Overlapping Effect.

4. Correct answer is C, **Miosis**.

5. Correct answer is A, **Non-Barbiturate**.

6. Correct answer is D, **Opiate Derivative**.

7. Correct answers are B and C.
   Valium is a CNS Depressant, which of course causes nystagmus. The combination of Cocaine and Xanax gives us a Stimulant and a Depressant (Xanax), which causes Nystagmus via an Overlapping Effect. None of the other drugs mentioned cause Nystagmus: Methamphetamine is a Stimulant; LSD is an Hallucinogen; Heroin and Dilaudid are Narcotics; Cannabis, of course, is its own category.

8. Correct answer is A, **CNS Stimulant**.

9. Correct answer is B, **Overlapping**.
   Heroin, a Narcotic, causes constriction of the pupils (Miosis); PCP does not affect pupil size. This is another case of **action plus no action equals action**.

10. Correct answers are B and D.
    Hallucinogens are **sympathomimetic** drugs, and therefore usually elevate the vital signs. But they have no affect on either Nystagmus or Lack of Convergence. And, instead of constricting the pupils, Hallucinogens usually cause pupils to dilate.

11. Correct answers are A, D and E.
    ETOH is the chemical name for Ethyl Alcohol, the common beverage form of alcohol that remains the most commonly-abused drug. **MPPP** is a synthetic opiate. **THC** is the primary active ingredient in Cannabis. But "MDMA" (also known as "Ecstasy") and "DOM" (also known as "STP") **are** Hallucinogens.

12. Correct answers are C and D, **Cannabis and Depressants**.

13. Correct answer is D, **Antagonistic**.
A pulse rate of 74 bpm is within the normal range. Percodan, a Narcotic Analgesic, usually lowers the pulse, while Cannabis usually elevates the pulse. The Antagonistic Effect of the two drugs has put this suspect's pulse into a precarious, and probably temporary, state of balance.

14. Correct answer is E, **no validated clues**.
It is important to understand that, when we say there are no validated clues for Romberg, that does **not mean** that the test is invalid. It simply means that we do not have the research data to attest that specific clues on that test are statistically reliable indicators of impairment. Those kinds of research data, at the present time, are available only for Horizontal Gaze Nystagmus, Walk and Turn and One Leg Stand.

15. Correct answer is D, **Additive**.
Ritalin (a Stimulant) and LSD (an Hallucinogen) both usually elevate blood pressure.

16. Correct answer is C, **Synapse**.

17. Correct answer is D, **Droopy Eyelids**.

18. Correct answer is A, **Eight**.
Of the eight **validated** clues for Walk and Turn, two may be observed during the Instructions Stage of the test. They are <u>can't keep balance</u> (which means the suspect breaks away from the heel-to-toe stance) and <u>starts too soon</u>. The other six clues pertain to the Walking Stage of the test. They include:

- <u>misses heel-to-toe</u>
- <u>raises arms</u>
- <u>steps off line</u>
- <u>stops walking</u>
- <u>turns improperly</u>
- <u>takes the wrong number of steps</u>

Although these eight are the only <u>validated</u> clues for Walk and Turn, they aren't the only things that might be observed that could serve as evidence of impairment. All of your observations of the suspect are important.

19. Correct answers are A and E, **Fluorocarbons and Propellants**.
The only proper names for subcategories of Inhalants are Volatile Solvents, Aerosols and Anesthetic Gases.

20. Correct answer is E, **dissociative anesthetic**.

21. Correct answer is E, **Ketamine**.
Ketamine is an analog of PCP, a drug that doesn't affect pupil size. MDMA and Peyote are Hallucinogens, and Desoxyn is a CNS Stimulant; all of those dilate pupils. Methaqualone is a very special CNS Depressant; unlike almost all other Depressants, Methaqualone does affect pupil size (by dilating the pupils).

22. Correct answer is A, **Anesthetic Gases**.
Volatile Solvents and Aerosols usually produce above-normal blood pressure. "Fluorocarbons" and "Propellants" are, of course, not proper names for subcategories of Inhalants.

23. Correct answers are C and D, **Codeine and Thebaine**.
Lortab, Dilaudid and Hycodan are all **opium derivatives**. Dilaudid derives from Morphine, and Hycodan and Lortab from Codeine.

24. Correct answer is D, **Methamphetamine**.

25. Correct answer is D, **Failing to Count Out Loud**.
Hopping, Raising the Arms, Putting the Foot Down and Swaying are the four (and only four) **validated** clues of impairment for One Leg Stand.

26. Correct answers are A, B and E: **MDMA, Dexedrine and Desoxyn**.
Dexedrine and Desoxyn are members of the Amphetamine family of CNS Stimulants. MDMA is a "Psychedelic Amphetamine" belonging to the Hallucinogens. CNS Stimulants and Hallucinogens are the two categories that make up the **sympathomimetic** drugs. That means they simulate the responses that the body makes to messages conveyed along the **sympathetic** nerves, i.e., elevated vital signs, dilated pupils, etc. Three other categories, namely the Inhalants, Phencyclidine and Cannabis have **some** sympathomimetic characteristics, but they are not considered to be fully sympathomimetic, and not to the degree of the CNS Stimulants and Hallucinogens. Xanax and Oxycontin aren't even close to being sympathomimetic. Xanax (a Depressant) and Oxycontin (a Narcotic) are better described as wholly or partially **parasympathomimetic**.

27. Correct answer is C, **a Dissociative Anesthetic**.
Dissociative Anesthetics, by themselves, can account for all of the observations listed. Dissociative Anesthetics cause Nystagmus, and Lack of Convergence; they do not affect pupil size, so the pupils remain within the normal range; they do not affect the reaction of the pupils to light; they usually elevate all three vital signs.

A Depressant, by itself, could not account for the elevated vitals, and usually would slow the pupils' reaction to light.

If we had a combination of a Depressant and a Stimulant, we'd expect to see the pupils dilated beyond the normal range (due to an Overlapping Effect), and we'd expect to see the reaction of the pupils slowed (due to an Additive Effect). Also, although it is possible that the vital signs could all be elevated with a combination of Depressant and Stimulant, we'd probably expect to see some "moderation" of the

vitals due to an Antagonistic Effect.
If we had a combination of a Dissociative Anesthetic and a Stimulant, we could expect to see pupil dilation and some slowing of the reaction to light, due to Overlapping Effects.

If we had a combination of a Dissociative Anesthetic and a Stimulant, we could expect to see the temperature within the normal range, since neither of those drugs temperature.

28. Correct answer is C, **Pulmonary**.

29. Correct answers are:
    (A) True: **no nystagmus** will be present
    (B) True: we will see miosis, or **constricted pupils**
    (C) True: we will find a slow pulse, or **Bradycardia**
    (D) True: we won't see a Lack of Convergence, so the eyes **will be able to converge**
    (E) True: we will find a lowered blood pressure, or **Hypotension**
    Hycodan is a Narcotic Analgesic, and these observations will be consistent with impairment by Narcotics.

30. Correct answer is B, **Grinding the Teeth**

31. Correct answers are:
    (A) True: An Additive Effect will **elevate the pulse** for this combo
    (B) True: **pupils will dilate** due to an Overlapping or Additive Effect
    (C) False: neither drug causes Nystagmus, so the Null Effect will also **cause no nystagmus**
    (D) False: Marijuana causes Lack of Convergence, so the Overlapping Effect means the **eyes won't converge**
    (E) True: An Additive Effect will **elevate the blood pressure**

32. Correct answer is E, **no validated clues**

33. Correct answer are A, B and E: **Librium, Valium** and **Xanax**